

**WORKSHOPS AND CONFERENCES ATTENDED BY STEPHEN BRITCHKOW,
PSYCHOLOGIST**

Family Therapy Training Program
Geisinger Medical Center, Danville, PA. Spring 1975

Family Therapy Training Sessions
Children's Hospital, Philadelphia, PA 1976-78

Workshop on Agoraphobia
Dr. Richard G. Ivins, November 9, 1979, Philadelphia Society of Clinical Psychologists,
Philadelphia, PA.

Twenty-Hour Contextual Therapy Seminars, Delaware Valley Group Psychotherapy Society
Winter 1980

Seminars on Group Psychotherapy Modalities, Delaware Valley Group Psychotherapy Society
Winter 1980.

Group Counseling Training- A Communications Model
Dr. Jay S. Efran, January 23 and 30, 1980. February 13, 20, 27, 1980, Friends Hospital,
Philadelphia. PA.

Tandem Intensive Psychotherapy: The Theory and Practice of Using Co-Therapists in Intensive Therapy
with an Individual Client, Charles Ashback and Judy Turner, May 16, 1980, The Philadelphia Sheraton,
PA.

Discussion of Milton Erickson's Techniques Working with Couples, Division of Continuing Education of
the Department of Psychiatry and Human Behavior of Thomas Jefferson University, July 7 and 8, 1980,
Curtis Building, Philadelphia, PA.

The Paradox of Addiction: A New Treatment Strategy
Robert F. Forman and Dr. Jay S. Efran, November 1, 1980, The Institute of Pennsylvania
Hospital, Philadelphia, PA.

Workshop in Group Psychotherapy from the Delaware Valley Group Psychotherapy Society
November 2, 1980.

Seminar on Adolescence and the Family Life Cycle
November 16, 1990, Friends Hospital, Philadelphia, PA.

School Readiness and Developmental Placement Workshop from the Gessell Institute of Human
Development, Kathy Wilson, September 19, 1983, Yardley, PA.

Short-Term Therapy with Children, Adolescents and Parents Seminar from the American Healthcare
Institute, February 8, 1988, Silver Springs, Md.

Group Therapy with Adolescents: Focus on Leadership Skills Seminar from American Healthcare Institute, October 25, 1990.

Ten-Hour Training Program in Dealing with Difficult Discipline Problems: A Family Systems Approach, Dr. Paul Lowery, March 6 and 7, 1991.

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Group Facilitator Training from Bucks County Council on Alcoholism and Drug Dependence, Inc, February 20, 27 and March 5, 1992, Doylestown, PA.

Eleven-Hour Conference on Play Therapy for Abused Children, The Lancaster County Committee On Child Abuse and The Pennsylvania Psychological Association, Dr. Eliana Gil, April 2 and 3, 1992, Lancaster, PA.

PTSD for Children Program, the Counseling Psychology Department of Temple University, October 8, 1993, Temple University, Philadelphia, PA.

Clinical Interventions with at-Risk Adolescents Conference , the Western Psychiatric Institute and Clinic Department of Psychiatry and School and Medicine, March 19, 1993.

Cultural and Racial Differences: Meeting the Challenge
November 19, 1993, Friends Hospital, Philadelphia PA.

Ninth Annual STAR Center Conference dealing with adolescent addiction, violence and emotional disorders, presented by the Western Psychiatric Institute and Clinic Department of Psychiatry and School of Medicine, University of Pittsburgh, March 10, 1995.

Working with Disruptive Children, sponsored by the American Healthcare Institute, Dr. Virginia Santego, March 29, 1994, Trevoese, PA.

The Center for Applied Psychology's Six Hour Training in the Use of Games in Short-Term Therapy with Children, June 10, 1994.

Contemporary Applications of Directive Therapy with Adolescents and Young Adults
Jay Haley, November 18, 1994.

Six-Hours of Training in Quick Techniques in Child Psychology and Counseling Training from the Center for Applied Psychology, Patti Crowley, December 6, 1994.

Techniques in Child Therapy Program, Psychoeducational Resources
Dr.Lawrence Shapiro, December 30, 1994, Philadelphia, PA.

Working with Difficult Families Program, CORA Services
Dr. Joseph Micucci, March 8, 1996.

10th Annual STAR Center Conference dealing with depression and addiction issues, presented by the University of Pittsburgh Medical Center, March 15, 1996.

Techniques and Strategies to Help the Angry Child, Psycho-Educational Resources
September 30, 1996, Philadelphia, PA.

Training Techniques and Strategies to help the Angry Child Training, the Center for Applied Psychology,
September 30, 1996.

Identifying and Understanding Obsessive-Compulsive Disorder in the School Setting, the Bucks County
Intermediate Unit 22, Dr. Tamar Chansky, November 5, 1996.

Strategies for Dealing with the Most Difficult to Manage Students Program, the Bucks County
Intermediate Unit 22, Dr. Gary Alderman, November 22, 1996, Bucks County, PA.

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ADHD and the Use of Psychotropic Medications in Students, the Bucks County Intermediate Unit, Dr. Harry
Markow, Doylestown, PA.

Pro-Social Skills Training
Dr. Barn Michaels, April 26, 1996.

21 Hours of Advanced Facilitating Groups for Adolescent Training, Project CARE
December 11-13, 1996.

Eleventh Annual STAR-Center Regional Conference: Suicide, Depression, and Bereavement: Family
Issues, the University of Pittsburgh Medical Center, March 7, 1997.

Pervasive Developmental Disorders Seminar from the Bucks County Intermediate Unit 22
Dr. Alan Sohn, April 7, 1997, Doylestown, PA.

Fifteen Hour Child Therapy Today Program, the Center for Applied Psychology
September 11, 1997.

From Disruptor To Achiever: Toward a New Understanding of the Role of Self-Esteem and Motivation
of Oppositional Defiant Behavior and Conduct Disorder in Children and Adolescents Seminar from the
Bucks County Intermediate Unit 22, Dr. John Shanken-Kaye and Dr. James Levin, October 17, 1997,
Doylestown, PA.

Legal and Ethical Principles in the Everyday Practice of Psychology Seminar, the Bucks County
Intermediate Unit 22, Drs. Alex Siegel and Allan M. Tepper, November 4, 1997, Doylestown, PA.

Working with Stepfamilies: General and Specific Clinical Issues Program, Cora Services, Dr. Scott
Browning, May 21, 1998.

Twelfth Annual Service for Teens at Risk Conference "Pathways to Congress"
March 27, 1998, Holiday Inn, King of Prussia, PA.

Treating Adolescent Girls with Resistant or Self-Destructive Behaviors Program, the American
Healthcare Institute, September 11, 1998.

Depression: Cognitive Behavioral Interventions with Children and Adolescents Seminar, the Bucks County Intermediate Unit 22, Dr. Arthur Freeman, November 3, 1998, Doylestown, PA.

Ethics Program, the Human Service Center
September 25, 1998, Philadelphia, PA.

Brief Therapy for Family Violence Program, PsychoEducational Resources, Inc.
Marcia and Charles Stanridge, February 10, 1999.

Tending to the Needs of Youth Exposed to Traumatic Loss: Caring for Those Left Behind Seminar, UPMC Health System, March 25, 1999

Treating the Unmanageable Adolescent Program , the American Health Care Institute
September 10, 1999, Philadelphia, PA.

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Anxiety and Other Arousal Disorders in Children and Adolescents Program, the Bucks County Intermediate Unit 22, Dr. Arthur Freeman, November 2, 1999, Doylestown, PA.

Grief at School: Helping Students After a Death Conference Presented by The Regional Pediatric Bereavement
Resource Center, November 21, 1998, St. Christopher's Hospital for Children, Philadelphia, PA.

Conquering Violence in the Schools Program, Temple University
Dr. Portia Hunt, February 25, 2000, Temple University, Philadelphia PA.

Adolescent Eating Disorders Training from Bucks County CASSP & Life Program
March 8, 2000.

Anger Management Program , the Bucks County Intermediate Unit #22
Daniel Dubvovsky, April 18, 2000, Doylestown, PA.

Fourteenth Annual Service for Teens at Risk Conference "Making the World Safe for Tomorrow's Adults," the Western Psychiatric Institute and Clinic. May 10, 2000.

Ethical Conflicts in Psychology Program, the Human Service Center
June 9, 2000, Philadelphia, Pa.

Ethics, Children, and the School System, the Bucks County Intermediate Unit #22, Richard Small,
November 7, 2000, Doylestown, PA.

Feminist Perspectives in Women's Mental Health: Looking Backward, Looking Forward Program sponsored by Renfrew Center Foundation for Eating Disorders, November 12, 2000, Philadelphia Airport Marriott and Conference Center, Philadelphia, PA.

Legal and Ethical Risks and Risk Management in Professional Psychological Practice:

Sequence Two: Risk Management of Specific High Risk Areas, March 16, 2001, Lancaster, Pennsylvania, Jeffrey N. Younggren, Ph.D.

Brief and Longer-Term Interventions for Anxiety Disorders: A “State-of-the-Art” Therapy Model, April 9, 2001, Philadelphia, PA.

Overview of Pervasive Developmental Delay, Autism and Asperger’s Syndrome and effective communication tips and strategies to use in the educational setting, DPS Mideastern Conference, April 18, 2001, Horsham, Pennsylvania.

Supporting the Adopted Hurt Child in the Schools, Dr. C. Keck, October 8, 2001, Bucks County Intermediate Unit, Doylestown, Pennsylvania 18901.

Extraordinary Marriages: An Applied Model for Successful Marital Therapy, Penn Center for Continuing Education in Psychological and Community Services, University of Pennsylvania, Philadelphia, PA., November 2, 2001.

Personality Disorders in Children and Adolescents, Dr. Gregory W. Lester, November 6, 2001, Bucks County Intermediate Unit, Doylestown, PA 18901.

What’s Love Have to Do With It? Couples Therapy Workshop, March 5, 2002 , MCP Hahnemann University, Philadelphia, Pennsylvania.

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Helping Teens and Families Manage Self-Cutting Behavior, March 21, 2002, Western Psychiatric Institute and Clinic, King of Prussia, Pennsylvania

Enhancing Your Skills as a Couples Therapist: The Research & Techniques of John Gottman, May 3, 2002, Jewish Family & Children’s Service, Fort Washington, Pennsylvania

Bipolar Disorder, American Healthcare Institute, May 8, 2002, Philadelphia, Pennsylvania

Critical Incident Stress Management: Basic Group Crisis Intervention, May 30, 2002, Columbia, Md

Enhancing Your Skills as a Couples Therapist: Use of Intentional Dialogue to Enhance Safety and Deepen Intimacy, June 7, 2002, Jewish Family & Children’s Service, Fort Washington, Pennsylvania

Managing Examination Anxiety: Pennsylvania Psychological Association’s (PPA’s) Annual Convention, June 19, 2002, Lancaster, PA

Kinesthetic Intelligence: Understanding Mind/Body Connections to Promote Health, PPA Convention, June 19, 2002, Lancaster, PA

Psychopharmacology Symposium: PPA Convention, June 20, 2002, Lancaster, PA

The Assessment and Clinical Management of Violence Risk, PPA Convention, June 20, 2002,

Lancaster, PA

Strangers in a Strange Land: Addressing the Needs of Culturally Diverse Clients, PPA Convention, June 20, 2002, Lancaster, PA

Current Approaches to Working with Trauma Families: Drexel University College of Medicine, September 11, 2002, Claymont, Delaware

Bereavement Facilitator Certificate Award Program: American Academy of Bereavement, An Affiliate of The Center for Hospice & Palliative Care, Buffalo, New York, September 23-26, 2002, Philadelphia, PA

Understanding Craving: Managing the Physiology and Psychology of Compulsive Behavior, October 4, 2002, Philadelphia, PA

In Your Face: Understanding Oppositional Defiant Disorder: KidsPeace Institute, Dr. Chala Sargent-Pratt, M.D., October 9, 2002, Orefield, PA

Approaches to Diagnosis and Assessment of Couples: October 18, 2002, Jewish Family and Children's Service, Fort Washington, PA

The Angry Client: Evaluation & Treatment, October 24, 2002, American Continuing Education, Inc., Cherry Hill, New Jersey

Cognitive-Behavioral and Family Approaches for Anxious Children and Adolescents, November 1, 2002, Pennsylvania Psychological Association, Exton, Pennsylvania

Distance is the Best Armor: Ethical Decision-Making in Clinical Practice, November 1, 2002, Pennsylvania Psychological Association, Exton, Pennsylvania

Core Issues in Relationships and Parent-Child Dialogue, November 8, 2002, Jewish Family and Children's Service, Fort Washington, Pennsylvania

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Incorporation of the 12 Steps into Substance Abuse Treatment, November 14, 2002, Eagleville Hospital, Eagleville, Pennsylvania

Anxiety Spectrum Disorders, November 26, 2002, Drexel University College of Medicine, Claymont, Delaware

Demystifying Autism, January 6, 2003, The PDD/Autism Task Force of the Bucks County Interagency Coordinating Council, Doylestown, PA

Addictions, Codependence and the impact of Patriarchy, January 10, 2003, Jewish Family and Children's Service, Fort Washington, PA

Asperger's Disorder and Autism: An Up-To-Date Review of the Nature, Diagnosis, and Treatment of the Autism Spectrum with Peter Tanguay, M.D., New England Educational Institute,

January 29, 2003, Philadelphia, Pennsylvania

Enhancing Your Skills as a Couples Therapist, Reclaiming the Lost Self and Behavior Change Requests. January 31, 2003, Jewish Family and Children's Service, Fort Washington, Pennsylvania

Different Ways of Grieving, Different Ways of Healing, CMI Education Institute, Inc. February 4, 2003, Cherry Hill, New Jersey

"17th Annual Services for Teens At Risk Conference: "Helping and Healing Those Who Hurt," The Invisible Prison: Social Phobia; Distinguishing Self-Cutting from Suicide Attempters, March 11, 2003, King of Prussia, Pennsylvania.

Pennsylvania Psychological Association Ethics Conference: Ethical Issues: Ethical Issues in Working with Trauma Survivors, Complying with the privacy provisions of the Health Insurance Portability and Accountability Act (HIPAA), March 20, 2003, Lancaster, Pennsylvania

Assessing the Mental Health Status of Older Adults, Health Education Network, LLC, March 25, 2003, Fort Washington, Pennsylvania

Treatment Options for the Spectrum of Antisocial Behaviors, Drexel University College of Medicine, Behavioral Healthcare Education, March 26, 2003, Claymont, Delaware

Hidden Symptoms, National Multiple Sclerosis Society, MS and Cognition, Vision, Speech, Fatigue and Energy Conservation, April 9, 2003, Fogelsville, PA
Working with Narcissistic and Antisocial Personalities in Couples, Family and Individual Therapy, American Healthcare Institute, April 25, 2003, Philadelphia, PA
Protecting Kids from Bullying, Harassment, and Emotional Violence, Foundations Behavioral Health, Foundations Behavioral Health, May 9, 2003, Horsham, PA
Pediatric Psychopharmacology, The National Center for Kids Overcoming Crisis, May 14, 2003, Orefield, PA
Children On The Autistic Spectrum: Perspectives For Parents, KidsPeace Institute, June 11, 2003, Orefield, PA

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Reactive Attachment Disorder-Advanced, Department of Psychiatry, The Pennsylvania State University, College of Medicine, Penn State Great Valley, June 24, 2003, Malvern, PA

Adult Complicated Mourning, CMI Education Institute/The Center for Hospice & Palliative Care, July 10, 2003, King of Prussia, PA

Childhood Autism and Educational Interventions, Central Pennsylvania Psychiatric Institute, September 17, 2003, King of Prussia, PA

Relationships in Conflict: State of the Art Applications of Self Psychology and Narrative Therapy for Working with Difficult Couples, Parents and Teens, September 18, 2003, Philadelphia, PA

Evaluating End of Life Decisions: Psychiatric, Legal and Family Perspectives, Central Pennsylvania Psychiatric Institute, October 7, 2003, Holiday Inn, Lehigh Valley, PA

Individual Psychotherapy in Dialectical Behavior Therapy, October 9-10, 2003, Behavioral Tech, LLC, Lancaster, PA

Borderline Personality Disorder: Diagnosis and Treatment, Central Pennsylvania Psychiatric Institute,

October 16, 2003, King of Prussia, PA
Mental Health Problems in Residents of Personal Care Homes, Milton Hershey Medical Center, October 28, 2003, Holiday Inn, Lehigh Valley, PA
Childhood Depression and Suicide: Diagnosis and Treatment, Milton Hershey Medical Center, October 30, 2003, Lehigh Valley, PA
Integrating Spiritual Resources into Your Practice, Jewish Family and Children's Services, November 7, 2003, Elkins Park, PA
Learning the Language of Emotions: Gateway to Social Competence, Kids Peace Institute, November 12, 2003, Orefield, PA
Exploring Reactive Attachment Disorder, Kids Peace Institute, December 10, 2003, Orefield, Pennsylvania
Double Trouble: Co-Occurring Mental Health Disorders and Chemical Dependence, Kids Peace Institute, February 11, 2004, Orefield, Pennsylvania
Exposure and Ritual Prevention Therapy for Obsessive-Compulsive Disorder, Pennsylvania Psychological Association Continuing Education Conference, March 25, 2004, Lancaster, PA
Psychotherapy for Depressed Men, Pennsylvania Psychological Association Continuing Education Conference, March 25, 2004, Lancaster, PA
Corporate Training Program: Details, Design and Delivery, Pennsylvania Psychological Association Continuing Education Conference, March 26, 2004, Lancaster, PA
Ethical Influence in Psychotherapy, Pennsylvania Psychological Association Continuing Education Conference, March 26, 2004, Lancaster, PA
Imagery as a Therapeutic Tool, April 2, 2004, Jewish Family and Children's Service, Fort Washington, Pennsylvania
Reproductive Health Psychology, April 23, 2004, American Society of Professional Education, Philadelphia, PA

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Coping with Grief in a "Get Over It and Move On! World, April 29, 2004, American Academy of Bereavement, Philadelphia, PA
Community-Based Treatment of Sexual Trauma & Aggression, Kids Peace Institute, May 12, 2004, Orefield, Pennsylvania
Children, TV and Obesity, Kids Peace Institute, October 13, 2004, Orefield, Pennsylvania
College Students with ADHD: A New Arena for Multi-System Intervention, Pennsylvania Psychological Association Continuing Education Conference, October 28, 2004, Exton, PA
Impaired Awareness after Acquired Brain Injury: Overview and Treatment Strategies, Pennsylvania Psychological Association Continuing Education Conference, October 28, 2004, Exton, PA
Mediation: Changing the Quality of Conflict Communication, Kids Peace Institute, November 10, 2004, Orefield, Pennsylvania
Turning the Lights on Obsessive Compulsive Disorder and Washing Your Hands of Misconceptions, Kids Peace Institute, February 9, 2005, Orefield, Pennsylvania
Empowering New Possibilities: Making Good Things Happen for Children with Developmental Disabilities, Kids Peace Institute, April 13, 2005, Orefield, Pennsylvania
Bipolar Disorder: The Atypical Antipsychotics and the Metabolic Syndromes, Donley Therapeutic Education Center, May 11, 2005, Orefield, Pennsylvania
Religious and Spiritual Issues in Clinical Practice: Therapeutic and Ethical Considerations, Pennsylvania Psychological Association Continuing Education and Ethics Conference, October 28, 2005, Exton, PA
Using Dialectical Behavioral Therapy for Axis I and Axis II Disorders, Donley Therapeutic Education Center, February 8, 2006, Orefield, Pennsylvania
Therapeutic Support Group Training for Adult Suicide Survivors, University of Pittsburgh Medical

Center, Star-Center Institute, March 8, 2006, Valley Forge Pennsylvania.

Reducing Risks by Raising Resilience; Update on the Use of Medication in the Treatment of Psychiatric Disorders; Cognitive Behavioral Therapy Modification and Techniques for Depression, University of Pittsburgh Medical Center, Star-Center Institute, March 9, 2006, Valley Forge Pennsylvania.

Treating Intermittent Explosive Disorder, Donley Therapeutic Education Center, May 10, 2006, Orefield, Pennsylvania

Sex, Love, and Relationships: Combining Sexuality and Intimacy, Sex Therapy Institute (twenty hours) sponsored by the American Association for Marriage and Family Therapy, July 31-August 3, 2006, San Juan, Puerto Rico

Ethics Course: Confidentiality, Record Keeping, Subpoenas, Mandated Reporting and Life Endangering Patients, Pennsylvania Psychological Association, April 3, 2007, Harrisburg, Pennsylvania

Anger Management Counseling and Training Workshop (twelve hours), Anger Management Training Institute, June 12, 2007

Essentials of Applying Clinical Hypnosis in Psychotherapy (twenty hours), The American Association for Marriage and Family Therapy, July 23-26, 2007, Rapid City, South Dakota

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Integrating Sexual Interventions into Couples Therapy: Sexual Desire and Relationship Vitality (20.00 contact hours of continuing education), The American Association for Marriage and Family Therapy, February 28-March 2, 2008, Santa Fe, New Mexico

Advances in Couples Therapy: Integrative Theory and Practice (20.00 contact hours of continuing education), The American Association for Marriage and Family Therapy, March 5-8, 2009, Asheville, North Carolina

Annual Training Institute on Behavioral Health and Addictive Disorders (23 Contact Hours of Continuing Education), U.S. Journal Training, *January 25-28, 2010*, Clearwater Beach Florida: Change Your Brain Change Your Life, Dan Amen MD; Facing the Menace of Prescription Drug Abuse, Marv Seppala, MD; Video Game Addiction, Ryan G. Van Cleave PhD; Flexing Your Humor Muscle, Mark Lundholm; Using the Latest Persuasion and Decision Making Research to Decrease Resistance and Improve Therapeutic Outcomes, Bill O'Hanlon MS; Living with Chronic Loss and Abandonment, Claudia Black, PhD; **Ethics for Clinicians: Exploring Boundary Violations**, Roland Fleck, EdD; Cybersex Addiction: Assessment and Treatment, Stefanie Carnes, PhD; Brief Strategic Treatment for Anxiety Disorders, Reid Wilson PhD; The Healing Brain: Nutrition Complements Psychotherapy, Ralph Carson, PhD; Strategies for Increasing Recovery Rates in Clients with Co-Occurring Disorders, 15 Strategies for Engaging Hard to Reach Clients, Mark Sanders, LCSW; Body Image Solutions, Mary Bellofatto, LMHC; Generalization Treatment Guidelines, Treating Trauma and PTSD, Don Meichenbaum, PhD.

The Institute of Integral Development, Annual Training Institute on Behavioral Health and Addictive Disorders (21 Contact Hours of Continuing Education), U.S. Journal Training, *January 31-February 3, 2011*, Clearwater Beach Florida: Treating Trauma, Clinical Advances, John Briere, PhD; Healing the Mind through the Power of Story: The Promise of Narrative Psychotherapy, Lewis Mehl-Madrona, MD; The Science and Art of Mindfulness: Applications for Psychotherapy, John Briere, PhD; Coyote Medicine, Integrating Aboriginal & Native Healing into Conventional Psychotherapy, Lewis Mehl-Madrona, MD; Advances in Treating the Dilemmas of Co-Occurring Disorders, Pat DeChello, PhD; Silent Sons and Perfect Daughters: Men and Women Raised in Troubled or Alcoholic Families, Robert Ackerman, PhD; Spirit to Spirit: The Mind Body and Soul of Trauma Treatment-Experiential Approaches, Judy Crane, LMHC; **Ethics for Clinicians Part I, Margot Escott, LCSW; Ethics for Clinicians Part 2: Boundary Dilemmas in a Clinical Practice, Bunny Czarnopys, LCSW**; Unchain The Brain: Breaking Addictions that Steal your Life, Dan Amen, MD, Minding the Body, Mending the Mind: The Quest for Self and the Mind/Body Connection, Joan Borysenko, PhD, Pain and Addiction:

A Challenging Co-Occurring Disorder, Mel Pohl, MD, It's Not the End of the World: Developing Resilience in Times of Change, Joan Borysenko, PhD, Towards the Ego-Less Self: Psychology, Spirituality, and True Happiness, Cardwell Nuckols, PhD, The Gift of Flashbacks: Their Dynamics and Purpose in Healing Old Wounds, Sandra Felt, MSW

The Institute of Integral Development, Annual Training Institute on Behavioral Health and Addictive Disorders (21 Contact Hours of Continuing Education), U.S. Journal Training, *February 13-16, 2012*, Clearwater Beach Florida: The Science of What Works: Using Research from Various Fields in Change Work, Bill O'Hanlon, MS; Addiction to Food, Gambling, Sex and Technology: Shared Causal Mechanisms, Mark S. Gold, MD;

The Interactions among Attachment Styles, Spirituality, Religiosity, and Depression in the Treatment of Addictions, Tammy Malloy, MSW, E. Gail Horton, PhD; The Lincoln Strategy: Lessons on How to Get Through Depression, Loss and Suicidal Impulses, Bill O'Hanlon, MS; Update on Complex Trauma: The Current State-of-the-Art; A Neurobiological Look at the Bio-Psycho-Social-Spiritual Disease: Defining Addiction, Michael Miller, MD; **Ethics and Boundary Violations for Mental Health and Addiction Professionals Part I and II, Michael Demask, PhD**; A Look into the Future of Psychotherapy: The Possible Role of Computer Technology, Don Meichenbaum, PhD; Understanding and Treating Trauma: A Dissociative Model, Colin Ross, MD; Lessons on Caring for an Aging Parent and Don't Ask Me to Forgive You! A Radical Approach to Healing Interpersonal Wounds, Janis Abrahms Spring, PhD; Stress, Hormone Imbalance and Nutrition: Considerations for Therapists, Colin Ross, MD; Self-Defeating Behaviors: Gregory Boothroyd, PhD; Mindfulness Skills for Helping Professionals, Lori Boothroyd, PhD.